

Showcase Staff



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The All Star Baseball Academy
52 Penn Oaks Drive
West Chester, PA 19382

Babe Ruth Regional Showcase North Carolina



Sunday October 3, 2010
Durham Athletic Park
Durham, NC

Hosted by
The All Star Baseball Academy
52 Penn Oaks Drive
West Chester, PA 19382
610-399-8050 Phone
610-399-8553 Fax

North Carolina Regional Itinerary

Session 1– Sunday October 3, 2010

Registration	7:30 a.m.
Stretch & Warm Up	8:00 a.m.
Drill Series	8:15 a.m.
60 Yard Dash	9:50 a.m.
Defensive Showcase	10:15 a.m.
Live Batting Practice	11:00 a.m.

Session 2– Sunday October 3, 2010

Registration	11:30 a.m.
Stretch & Warm Up	12:30 p.m.
Drill Series	12:45 p.m.
60 Yard Dash	2:20 p.m.
Defensive Showcase	2:45 p.m.
Live Batting Practice	3:30 p.m.

Lodging Information

For all participants and families traveling from outside the area, we have provided two hotels to choose from. The hotels listed below are within 15 minutes of the historic Durham Athletic Park

Days Inn, Durham **919-383-1551**
3460 Hillsborough Rd
Durham, NC

Courtyard by Marriott, Durham **919-309-1500**
1815 front Street
Durham, NC

Holiday Inn Express, Durham **919-3313-3244**
2516 Guess Rd
Durham, NC

North Carolina Regional Showcase Information

Showcase Overview:

The 2010 Babe Ruth Regional Showcase Camp is designed for the committed baseball player. The emphasis of the camp will be to develop individual skills through instruction and provide exposure. All instruction will be done by our great staff of college coaches and ASBA instructors. All aspects of baseball will be covered and available for each participant. Players can choose a specific skill to work on in the Showcase as well as the instructional session. Players will take live batting practice, cage work, a defensive showcase, small group mechanical seminars, 60 Yard dash, and live Pitching.

Cost: \$175.00 per participant

All personal checks should be made out to ASBA. We also accept Visa or Master Card. Please be sure to return the registration form with payment to the address below. For your convenience we can accept registration and credit card payments over the phone or via our website.

ASBA Contact Information:

52 Penn Oaks Drive West Chester, PA 19382
Phone# 610-399-8050 Fax # 610-399-8553
website: www.allstarbaseballacademy.com

GPS Directions: Use the below address for GPS Units
500 W Corporation St, Durham, NC 27701

Driving Directions:

I-85 North (arriving from Atlanta, Charlotte, Greensboro, etc.):

Take exit #172 (NC Hwy 147 South, Downtown Durham), Take exit #13 (Chapel Hill St). At the end of the ramp, turn left onto West Chapel Hill St and continue to the second block at Duke St. Turn left on Duke St., Turn right on West Corporation St. The Historic Durham Athletic Park will be 1/4-mile straight ahead on the left.

I-85 South (arriving from NY, DC, VA, etc.):

Take exit #177 (Roxboro St/Downtown). Cross over Avondale Ave to North Roxboro St/15-501 Business South, then turn left heading into Downtown Durham. North Roxboro St/15-501 Business South merge into East Markham St. Travel on East Markham St for 1 block and merge right onto North Mangum St/15-501 Business South. Turn right onto West Corporation St. The Historic Durham Athletic Park will be 1/4 mile on the left.

I-40 East (arriving from Asheville, Winston-Salem)

I-40 East and I-85 North merge in Greensboro, NC. When highways divide near Hillsborough, NC, take I-85 North. Follow directions for I-85 North as listed above.

I-40 West (arriving from Wilmington, Fayetteville, Raleigh)

Take exit #279-B (Durham Fwy/Hwy. 147 North). Follow Durham Fwy. for approximately 7 miles. Take exit #12-C (Duke St). Traveling in the right-hand lane, turn right onto West Corporation St (across from the Durham Magnet School). The Historic Durham Athletic Park will be 1/4-mile straight ahead on the left

Babe Ruth Regional North Carolina

Name _____

Address _____

Phone _____ - _____ - _____

Email _____ @ _____ . _____

Height _____ Weight _____

Primary Position _____

Secondary Pos _____

Bats R L S

Throws R L

SAT _____ GPA _____

Grad Yr. _____

School _____

Coach _____

Phone _____ - _____ - _____

Parents _____

Please indicate which session you will be attending

Session 1

Session 2